



**A Institute of Pre
Recruitment Training for all
Armed Forces**



Defense , Paramilitary , Police

Trained by Ex Servicemen Personnel

www.metive.co.in

Pre Recruitment Process

নির্বাচন পদ্ধতি

চৌকস প্রি রিক্রুটমেন্ট ট্রেনিং হলো যেকোন ফোর্স তে ভর্তির জন্য আগে আপনার যোগ্যতা এবং এবিলিটি যাচাই করার মাধ্যম যা সম্পূর্ণ প্রাক্তন সেনাদের নিয়ে গঠিত একটি সংস্থা যার মধ্যে ফিজিক্যাল , মেডিকেল এবং অনলাইন সিলেবাস বা গাইডের জন্য এক্সপার্ট টিম দ্বারা পরিচালিত। পশ্চিম বঙ্গে এই প্রথম এই রকম ট্রেনিং সেন্টারে আমাদের যুব সমাজ কে দেশের সেবার জন্য অনুপ্রেরণা ও শারীরিক ও মানসিক ভাবে তৈরি করা হয়। যদি এই ধরনের ব্যবস্থা আপনার পশে থাকে তাহলে দালাদের ঘুষ দেবেন কেন ? ডিফেন্স চাকরির জন্য কোনো টাকা লাগে না।

চৌকসের প্রার্থীরা দুটি স্তরের প্রক্রিয়াতে ১. - সচেতনতা প্রচার এবং ২. ফিটনেস টেস্টের মাধ্যমে নির্বাচিত হন। সচেতনতামূলক প্রচারের অংশ হিসাবে, আমরা ইলেকট্রনিক এবং প্রিন্ট মিডিয়াগুলির মাধ্যমে বিজ্ঞাপন করি এবং আগ্রহীরা তাদের নিজস্ব একাডেমিক যোগ্যতা অনুসারে বিভিন্ন বিভাগে উপলব্ধ বিভিন্ন সুযোগের বিষয়ে আমরা পরামর্শ দিই আগ্রহী প্রার্থীদের শারীরিক এবং মেডিকেল ফিটনেস এবং অনলাইন পরীক্ষার জন্য ডাকা হয়। আমাদের বিশেষজ্ঞ প্যানেল নিয়োগ প্রক্রিয়া ক্ষেত্রে অভিজ্ঞতা সহ বিভিন্ন বাহিনীর দক্ষ ডাক্তার এবং অভিজ্ঞদের সমন্বয়ে গঠিত। পুরুষ এবং মহিলা উভয় প্রার্থীকে কঠোর নির্বাচন পদ্ধতিতে নির্বাচিত করা হয়। নির্বাচিত প্রার্থীদের ন্যাপের প্রাক নিয়োগ প্রশিক্ষণ প্রোগ্রামে বিশেষভাবে নকশা করা পদ্ধতি ব্যবহার করে 6 মাসের তীব্র শারীরিক এবং একাডেমিক প্রশিক্ষণ দেওয়া হয়। সশস্ত্র বাহিনীর নিয়োগ পরীক্ষায় যে কেউ পাস করতে শারীরিক সুস্থতা জরুরি। এগুলোর জন্য আপনাকে ন্যূনতম ট্রেনিং ফী দিয়ে ট্রেনিংয়ের মাধ্যমে নিজের যোগ্যতা অর্জন করুন। শারীরিক প্রশিক্ষণ পাঠ্যক্রমের একটি নির্দিষ্ট এবং গুরুত্বপূর্ণ অঙ্গ।



- **Advertisement through print media or digital**
- **Awareness program for motivated to join the force**
- **Pre recruitment test Physical & Medical and mock test as per syllabus**
- **Training start for eligible candidates**
 - **PHYSICAL TRAINING**
 - **COACHING FOR ONLINE EXAM**
 - **PERSONAL DEVELOPMENT AND GROOMING**
 - **SPECIAL COACHING FOR NDA/CDA/ACC ENTRY FOR OFFICER RANK**
- **Send to every rally as per govt schedule area wise .**





We are all aware that millions of youth are seeking a career in the armed force, paramilitary force and the police force. However most find it difficult to make headway because of lack of guidance, academic coaching and physical training.

The aim of the training programme is to transform a student into academically proficient, physically fit, mentally robust individuals vibrant with energy and confidence to face any .

Every year, millions of youth seek a career in the armed, paramilitary and police forces. However, most never make it past the initial recruitment tests due to lack of guidance, academic coaching and physical training.

The aim of CHOUKAS's training programme is to transform young candidates into academically proficient, physically fit, mentally strong individuals bursting with energy and confidence and ready to face any challenge in life.

❑ **Training Duration : 6 Month to 12 Month**

Curriculum:

Syllabus covers training on Mathematics, Science, English and General Knowledge to help you pass written tests with confidence.

Mock tests that cover questions from the previous 5 years' test papers to boost the confidence of candidates.

Physical training includes drills, obstacles training, games, sports and meditation.

Personality orientation to enhance general awareness, communication skills, improve overall behavioral and learn good manners.

Faculty is under the guidance of retired officers of the Army, Navy, Air Force, Police and other Paramilitary forces.

Academic subjects

1. Physical Training 2.Mathematics 3.Computer 4.English 5.Hindi 6.Science 7.General knowledge

Physical training

Gym & Yoga

Audio visual learning

Safety & risk management

Personality development programme

Physical Training

Warming up and endurance – This set is of 10 minutes as given below :

I. Jogging - The class is made to jog a distance of 400 meters in 2 minutes thereby bringing the heart rate from resting level to pre exercise level. Jogging is a slow paced run in which the heel usually lands on the ground before the toes.

II. Running - After the initial warm up in the form of jogging the class is made to run for 7 minutes. The distance to be covered increases from one table card to the other.

III. Recovery - The endurance run is followed by recovery exercises for one minute. The class is made to perform breathing exercises. If time permits then limbering exercises may also be done.

Strength Endurance - The set is of 20 minutes duration. It includes a variety of activities to improve strength, speed and agility. The sequence of exercises is follows :



INDIAN ARMY

Salary : Entry Level Salary : Approx. 40,000 INR*

The Indian Army is the land-based branch and the largest component of the Indian Armed Forces. The President of India is the Supreme Commander of the Indian Army, and it is commanded by the Chief of Army Staff (COAS). The primary mission of the Indian Army is to ensure national security and national unity, defending the nation from external aggression and internal threats, and maintaining peace and security within its borders. It conducts humanitarian rescue operations during natural calamities and other disturbances and can also be requisitioned by the government to cope with internal threats. The Indian Army has a regimental system, but is operationally and geographically divided into seven commands, with the basic field formation being a division.

An officer in the Indian Army inherits glorious heritage and lasting traditions, blended perfectly with the latest advances in technology in the fields of armament, management, engineering and medical sciences. It offers a golden opportunity to be a part of the world's finest Army and get trained not only to be an Officer but also a Gentleman for life.





To determine the Physical Fitness Test (PFT), the following tests carrying 100 marks are held:

- 1.6 Km Run , Pull Ups , Balance, 9 Feet Ditch.

1. 1.6 Km Run For all Categories.

S No	Timings	Group	Marks
(i)	Upto 5 Mins 30 Secs	Group-I	60 Marks
(ii)	From 5 Mins 31 Secs to 5 Mins to 45 Secs	Group-II	48 Marks
(iii)	Above 5 Mins 45 Secs		Fail
(iv)	Provisions for Extra Time for 1.6 Km Run in Hilly Terrain.		
	(aa) Between 5000 Ft to 9000 Ft - Add 30 Secs to all timings.		
	(ab) Between 9000 Ft to 12000 Ft - Add 120 Secs to all timings.		

2. Pull Ups.

(i)	10 and above	40 Marks.
(ii)	9	33 Marks.
(iii)	8	27 Marks.
(iv)	7	21 Marks.
(vi)	6	16 Marks.

3. Balance. Should qualify and no marks are awarded.

4. 9 Feet Ditch. Should qualify and no marks are awarded.

5. 1.6 Km Run.



Up to 30 Yrs of Age

Up to 5 Min 45 Secs - Required to qualify

Beyond 30 Yrs of Age

(i) Up to 6 Min 30 Secs - Required to qualify

(C) Provision for Extra Time for 1.6 Km Run in Hilly Terrain Area

(i) Up to 5000 ft as above

(ii) Between 5000 to 9000 ft - Additional 30 secs to all timings

(ii) Between 9000 to 12000 ft - Additional 120 secs to all timings

6. Women Military Police Only

1. 1.6 Km Run.

S No	Timings	Group	Marks
(i)	Upto 7 Mins 30 Secs	Group-I	60 Marks
(ii)	Upto 8 Mins	Group-II	48 Marks
(iii)	Above 8 Mins		Fail

2. Long Jump of 10 Feet - Should qualify

3. High Jump 3 Feet - Should qualify

6. Religious Teacher JCO

1. 1.6 Km Run.

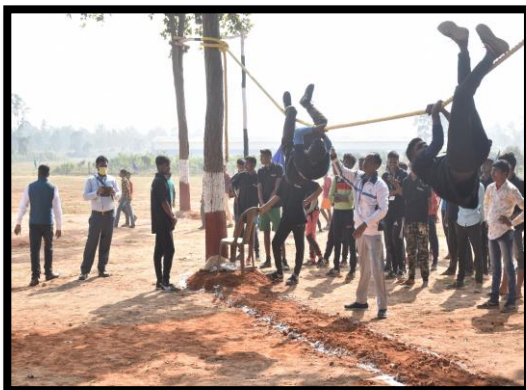
(a) Provision for Extra Time for 1.6 Km Run in Hilly Terrain Area

(i) Up to 5000 ft as above

(ii) Between 5000 to 9000 ft - Additional 30 secs to all timings

(ii) Between 9000 to 12000 ft - Additional 120 secs to all timings

S No	Timings	Age Gp 25 to 34 Years
(i)	Upto 8 Mins	Reqd to qualify



Physical Standard Of Various Categories

Regions	States	Height (Cms)			Chest (Cms)	Weight (Kgs)
		Soldier (General Duty) & Tradesman	Soldier Technical / Nursing Assistant	Clerk / Storekeeper Technical		
Eastern Himalayan Region	Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam and Hill Region of West Bengal (Gangtok, Darjeeling and Kalimpong Districts)	160	157	160	77	48
Eastern Plains Region	Eastern Uttar Pradesh, Bihar, West Bengal, Jharkhand and Orissa	169	169	162	77	50

Special Physical Standard.

Special physical standard as given below are applicable to the following with effect from 01 Aug 2004:

Ser. No	Physical Standards	Height (Cms)	Chest (Cms)	Weight (Kgs)
(d)	Tribals of recognized tribal areas	162	77	48
(e)	The Brigade of Guards	173	77	50
(f)	Medium Artillery	170	77	50
(g)	Corps of Military Police	173	77	50
(h)	Corps of Military Police (Women)	142	-	Proportionate to height and age as per Army medical standards.
*(j)	Clerk (Staff Duty)/Storekeeper Technical	162	77	50
(k)	Religious Teacher JCO	160	77	50
	Religious Teacher JCO (Gorkhas & Ladakhi Region Candidates)	157	77	48
(l)	Soldier Tradesmen	Minimum physical standards of the regions given above, minus 1 Cm chest and 2 Kg weight. Ht criteria would be at par with Soldier (General Duty) as relevant to the region.		
(m)	JCO Catering (ASC) / Survey Automated Cartographer (Engineers) / Havildar Education	As applicable to Soldier (General Duty) for various regions.		

Note:* Regional physical standards lower than the standards laid down in Para 2 (j) above will be applicable to clerical candidates belonging to those regions.



Dispensation in Physical Standards

Note: An eligible candidate can be granted prescribed relaxations in all three measurements i.e. Height, Chest and Weight. However, he cannot claim dispensations of more than one category i.e. parental and sportsmen.

Ser. No	Physical Standards	Height (Cms)	Chest (Cms)	Weight (Kgs)
(a)	Sons of Servicemen / Ex-Servicemen / War Widows / Widows of Ex-Servicemen.	2	1	2
(b)	Adopted son / son-in-law of a War Widow, if she has no son including a legally adopted son of service Soldier / Ex-Servicemen	2	1	2
(c)	<u>Women Military Police</u> (i) Daughter of Servicemen (DOS), Daugthr of Ex-Servicemen (DOEX), Daughter of War Widow (DOWW), Daughter of Widow of Ex-Servicemen (DOW) (ii) Adopted daughter/daughter-in-law of a war widow, if she has no daughter including a legally adopted daughter of serving soldier/ Ex-Servicemen (iii) Widows of Def pers who have died in harness	2	-	2
(c)	Outstanding sportsmen (National / State level who have secured 1st / 2nd Position in last two years)	2	3	5
(d)	For candidates belonging to chronically poor areas and those desirous of joining overage categories who are from families engaged in traditional profession. This relaxation may be given at the discretion of DDG Recruiting (States) or Centre Commandants.	NIL	NIL	2

Instant Enrolment

Instant enrolment is provided into the Army as Soldier (General Duty) to the following categories through respective Regiment / Corps Training Centres:

One son of a battle casualty.

One real brother of a battle casualty, when deceased was unmarried / did not have a male child.

One real brother of a battle casualty provided he gets married to the deceased widow who is issueless or has no male child.

One real brother of a battle casualty provided he gets married to the deceased widow who has a male child but who has not attained age for enrolment.

One real son of the battle casualty when the battle casualty has been invalidated out of service on medical ground.

The candidates should meet age, educational qualification, physical measurement and medical standards. The concessions as applicable to the sons of servicemen / ex-servicemen in physical measurement will also be given in such cases. They will not be put through any formal tests like Physical Fitness Test and written tests.

Unit Headquarters (UHQ) Quota Enrolment And Priority Lists



Unit Headquarter Quota (UHQ). Unit Headquarter Quota (UHQ) vacancies are reserved for Sons of War Widow (SOWW), Sons of Widow (SOW), Sons of Serving Soldier (SOS), Sons of Ex-Servicemen (SOEX) and Brother Of Serving Personnel (BOSM).

Relaxation in Physical Standards

Category	Height (cms)	Chest (cms)	Weight (kgs)
Son of Serving Soldier (SOS), Son Of Window (SOW), Son Of Ex-Servicemen (SOEX), Son-in-War Widow (SOWW) and Widow of Ex-servicemen adopted son / son-in-law of a war widow, if she has no son and including a legally adopted Son of Serving Soldier / ESM	2	1	2
Outstanding Sportsmen (National / State & those who represented District, College / School in State / University / Board Championship & secured 1st / 2nd position	2	2	5
Overage Candidates belonging to chronically poor areas and those desirous of joining categories who are from families engaged in traditional profession. This relaxation may be given at the discretion of DDG Recruiting (States) or Centre Commandants	NIL	NIL	2

Priority Lists

Priority 1 (Own Regimental / Corps (Battle Casualty / Liberalized Family Pension)

One son of War Widow in receipt of liberalized family pension to include legally adopted son.
Real brother of Battle Casualty who married the widow of the Battle Casualty. In case any candidate is below 21 years and marries widow of the Battle Casualty, sanction from Competent Authority is required to be obtained.

One son in law of Battle Casualty having no son to include husband of legally adopted daughter.
One real brother of an unmarried Battle Casualty

Priority 2 (Own Regimental / Corps (Disability Pensioner / Special Family Pensioners)

If a serviceman dies in harness then one son or one legally adopted son or one real brother (if the serviceman is unmarried) is eligible if the widow / NOK is in receipt of special family pension.

One son/one legally adopted son of Ex-Serviceman or one real brother (if the Ex-serviceman is unmarried) in receipt of Disability Pension more than 20%, and the disability is attributed to / aggravated due to Military Service.

Priority 3 (Own Regimental / Corps (Serving / Ex-Serviceman)

One son of serviceman who dies in harness to include legally adopted son whose death is not attributed to military service.

One son of serving / Ex-serviceman to include legally adopted son.

One brother of serviceman / Ex-serviceman



Education Criteria

Categories of Entry and Their Eligibility Conditions

Note: # Upper Age limit will be relax able upto 30 yrs of age (as on date of joining training) in respect of widows of Defense personnel who have died in harness.

Category	Education	Age
Soldier General Duty (All Arms)	CI 10th /Matric pass with Min 45% mks in aggregate and Min 33% in each subject.	17 ½ - 21 Yrs
Soldier Technical (Technical Arms, Artillery, Army Air Defence)	(a) <u>Sol Tech</u> 10+2/Intermediate Exam pass in Science with Physics, Chemistry, Maths and English with min 50% marks in aggregate and min 40% marks in each subject. (b) <u>Sol Tech (Aviation & Ammunition Examiner)</u> 10+2/Intermediate Exam pass in Science with Physics, Chemistry, Maths and English with min 50% marks in aggregate and min 40% marks in each subject.	17 ½ - 23 Yrs
Soldier Clerk / Store Keeper Technical (All Arms)	10+2/Intermediate Examination Pass in any stream (Arts, Commerce, Science) with min 60% marks in aggregate and min 50% in each subject. Securing 50% in English and Maths/Accounts/Book keeping in Class 12th is mandatory.	17 ½ - 23 Yrs
Soldier Nursing Assistant (Army Medical Corps)	10+2/Intermediate Exam pass in Science with Physics, Chemistry, Biology and English with min 50% marks in aggregate and min 40% in each subject.	17 ½ - 23 Yrs
Sepoy Pharma (Army Medical Corps)	10+2 or equivalent exam passed with Physics, Chemistry, Biology and English qualified in D Pharma with minimum 55% marks in aggregate and registered with State Pharmacy Council/Pharmacy Council of India. Individual qualified in B Pharma with minimum 50% marks and registered with State Pharmacy Council/Pharmacy Council of India will also be eligible.	19- 25 Yrs

Soldier Nursing Assistant Veterinary (Remount Veterinary Corps)	10+2 / Intermediate exam pass in Science with Physics, Chemistry, Biology and English with Min 50% marks in aggregate and minimum 40% in each subject.	17 ½ - 23 Yrs
Soldier Tradesmen (All Arms except Syce. Mess Keeper and House Keeper)	i) 10 th Simple Pass. ii) No stipulation in aggregate percentage but should have scored min 33% in each subject.	17 ½ - 23 Yrs
Soldier Tradesmen (Syce. Mess Keeper and House Keeper)	i) 8 th Simple Pass. ii) No stipulation in aggregate percentage but should have scored min 33% in each subject.	17 ½ - 23 Yrs
Survey Automated Cartographer (Engineers)	BA / B Sc with Maths. Must have also passed 12th class (10+2) or equivalent with Maths and Science as main subjects.	20-25 Yrs
Junior Commissioned Officer Religious Teacher (All Arms)	The minimum educational qualification for appointment to this special list of Junior Commissioned Officers (Religious Teacher) will be a Graduate in any discipline from a recognized university. In addition, candidate must possess following qualification according to the religious denomination of the individual i) <u>Pandit and Pandit (Gorkha) for Gorkha Regiment.</u> Hindu candidates with Acharya in Sanskrit (OR) Shastri in Sanskrit with one-year diploma in 'Karam Kand'.	25-34 Yrs
Junior Commissioned Officer Catering (Army Service Corps)	10+2 or equivalent exam and Diploma / Certificate Course of a duration of one year or more in Cookery / Hotel Management and Catering Tech from a recognized University / Food Craft Institute. AICTE recognition is not mandatory.	21-27 Yrs
Havildar Education(Army Education Corps)	Group X - MA/M Sc/MCA or BA/B Sc/BCA/B Sc (IT) with BEd. Group Y - B Sc / BA / BCA / B Sc (IT) (w/o B Ed)	20-25 Yrs
Soldier (General Duty) Women Military police	Minimum education qualification is Matric /10th/SSLC or equivalent with 45% marks in aggregate and minimum 33% marks in each subject studied at matric/10th/SSLC level, without mentioning any specific subjects. (Note - * Upper Age limit will be relaxable upto 30 yrs of age (as on date of joining training) in respect of widows of Defence personnel who have died in harness.)	17 ½ - 21 Yrs

Note:- The above mandatory education qualifications should be acquired by individuals from recognized universities. All the above eligibility criteria are common for In-service and Civil Candidates.



TRADE

- [1. Soldier \(General Duty\) \(All Arms\)](#)
- [2. Soldier \(Technical\) \(Technical Arms, Artillery , Army Air Defence\)](#)
- [3. Soldier \(Clerk/ Store Keeper Technical \)\(All Arms\)](#)
- [4. Soldier \(Nursing Assistant\) \(Army Medical Corps\)](#)
- [5. Soldier \(Tradesman\) \(All Arms\)](#)
- [6. Soldier \(Nursing Assistant Veterinary\) \(Remount Veterinary Corps\)](#)
- [7. Havildar \(Survey Automated Cartographer\) \(Engineers\)](#)
- [8. Havildar \(Education\) \(Army Education Corps\)](#)
- [9. Junior Commissioned Officer \(Religious Teacher\) \(All Arms\)](#)
- [10. Junior Commissioned Officer \(Catering\) \(Army Service Corps\)](#)

Written Examination

Common Entrance Examination (CEE) is conducted on last Sunday of each month except in the Month of March, June, September and December. It comprises of following papers:

Soldier (General Duty). It generally comprises of questions on General Knowledge, General Science and Maths. Duration of paper is 60 minutes. Total marks – 100. Pass marks – 32. Level – Matriculation.

Soldier (Technical). It generally comprises of questions on General Knowledge, Physical, Maths and Chemistry. Duration of paper is 60 minutes. Total marks – 200. Pass marks – 80. Level – 10 + 2 of CBSE and State Education Boards.

Soldier (Nursing Assistant). It generally comprises of questions on General Knowledge, Maths, Biology and Chemistry. Duration of paper is 60 minutes. Total marks – 200. Pass marks – 80. Level – Maths (Matriculation Level) and others 10 + 2 of CBSE and State Education Boards.

Soldier (Clerk / Store Keeper Technical). It comprises of two parts:

Part I (100 marks)

Objective Type Multiple Choice Questions and General Science – 40 marks.

Objective Type Multiple Choice Questions. Maths and Computer Science – 60 marks.

Part II (100 marks)

Subjective essay type of questions in English comprising grammar, comprehension, letter writing, essay writing, paragraph writing etc.

Maximum marks – 200, time – 60 minutes.

A candidate will be required to score a minimum of 32% (32 marks) in Part I and Part II separately and a minimum of 40% (80 marks) in total to be declare pass in the written examination.

Note: National Cadet Corps (NCC) `C` Certificate holders seeking enrolment for Soldier (General Duty) are exempted from appearing in written examination but will have to fulfil other laid down criteria.



DOCUMENTS REQUIRED

Documents Required at the Rally Site

Educational Certificate / Marksheet issued by the Recognized Education Board.

Residence Certificate with photograph issued by the authorised signatory of the State Government / Tehsildar / SDM.

Caste Certificate with photograph to be signed by Village Sarpanch except in the case of SIKH (Mazbi and Ramdasia), Gujjar and Gorkha candidates wherein it is reqd to be signed by the authorised signatory of the State Government / Tehsildar / SDM. Candidates belonging to Dogra Community to produce certificate with photograph issued by Tehsildar / Authorised Government Signatory.

Religion Certificate issued by the authorised signatory of the State Government / Tehsildar / SDM.

School Character Certificate issued by the Schools / Colleges Principal / Headmaster.

Character Certificate with photograph issued by the Village Sarpanch / Municipal Corporation / Police issued within last six months.

Unmarried Certificate with photograph issued by Village Sarpanch / District Administration issued within last six months (If candidate is below 21 years of age).

Relationship Certificate issued by concerned Records Office (Applicable for only the Son of Serving Soldiers / Widows / War Widows and Ex-servicemen).

NCC A / B / C Certificates. In case of NCC Certificate holders relevant certificates and certificate for participation in Republic Day Parade to be produced for dispensation.

Sports Certificate to be produced if represented in the following

Represented India at International level.

Represented State at National Level.

Represented District at National Level.

Represented University Team or Regional Team at District Level.

Candidates having O+ Level Computer Certificate 'Business Professional Programmer' issued by the DOEACC Society.

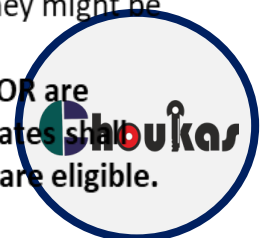
Latest passport size photographs. Both the ears of the candidates must be visible and SIKH (Mazbi and Ramdasia) candidates must have photograph in turban and without turban.

Kandi area certificate for applicable candidates to be issued by Tehsildar / Authorised Government Signatory.

Note:

Documents mentioned at Paragraph 1 to 11 above are required in original alongwith one photocopy of each document duly attested by Principal / Headmaster / Gazetted Rank Officer. Attested photocopy / printout of education certificate obtained from the Internet duly attested by the school Principal will be accepted at the Rally site for candidates whose original certificates have not been received from the concerned education board after declaration of the result or for candidates who have deposited their certificates in some other institute where they might be undergoing some professional course.

All candidates who are desirous of getting enrolled in the Indian Army as JCO / OR are required to apply online at www.joinindianarmy.nic.in. After registration candidates should follow instructions as given out and apply for the selected trade for which they are eligible.



Medical Criteria

- A candidate should have robust physique and good mental health.
- Chest should be well developed having minimum 5 cms expansion.
- Should have normal hearing with each ear and good binocular vision in both eyes. He should be able to read 6/6 in distant vision chart with each eye. Colour vision should be CP – III (able to recognize white, red and green signal colours correctly as shown by Martin’s Lantern at 1.5 meters).
- Should have sufficient number of natural healthy gum and teeth i.e. minimum 14 dental points.
- Should not have diseases like deformity of bones, hydrocele and varicocele or piles.
- Soldier General Duty for Infantry should have 6/6 eye sight.





Officers Selection - Entry Schemes Men

- [Intermediate \(10+2\)](#)
- [Graduate UPSC](#)
- [Graduate Non UPSC](#)
- [Graduate Technical Entries](#)
- [Service Entry](#)
- [Miscellaneous Entries](#)

NDA

National Defence Academy (NDA)

Vacancies Per Course	320 (Twice a year) Army - 208 Air Force - 70 Navy - 42
Notification Published in Employment News and leading Daily news Paper	Jun and Dec, Notified by UPSC
Eligibility Criteria	
Age	16 ½ to 19½ yrs as on first day of the month in which course is due to commence
Qualification	12 th Class of 10+2 System of Education of Equivalent for Army and with Physics and Maths for AF/Navy
Marital Status	Un Married
How to Apply	Apply Online on UPSC Website as per dates given in the Notification in the months of Jun and Dec.
Likely SSB Date	Sep to Oct for Jan Course and Jan to Apr for Jul Course
Date Commencement of Training	Jan and Jul
Training Academy	NDA , Khadakwasla, Pune
Duration of Training	3 Yrs at NDA and 1 Yr at IMA



IMA

Indian Military Academy Direct (IMA)

Vacancies Per Course	200 (Twice a year).
Notification Published in Employment News and leading Daily news Paper	Notified by UPSC under the aegis of CDSE in Jul and Nov
Eligibility Criteria	
Age	19 to 24 years
Qualification	Graduation from Recognised University.
Marital Status	Un Married
How to Apply	Apply Online on UPSC Website as per dates given in the Notification in the months of Jul and Nov.
Likely SSB Date	Aug / Sep and Feb / Mar
Date Commencement of Training	Jan and Jul
Training Academy	IMA, Dehradun
Duration of Training	1 ½ Years

Headquarters Recruiting Zone, Kolkata and their Army Recruiting Offices (AROs) Pin - 900285, c/o 99 APO

1.	Headquarters Recruiting Zone Kolkata	1 Gokhale Road, Kolkata - Pin -700020, E-mail : smile.garden@gov.in, Tele No : 03322236850 & 03322235253
4.	Army Recruiting Office Golabandha	(Ganjam), Gopalpur Cantt, Golabandha - Pin - 761052, E-mail : golabandha@nic.in, Tele No : 06802343282
5.	Army Recruiting Office Parganas	P-1, Parade Road, Barrackpore, District - 24 Parganas (WB) - Pin - 700120, E-mail : live@nic.in, Tele No : 03325452958
6.	Army Recruiting Office Siliguri	Siliguri, Sevoke Road Camp, PO - Salugara, District - Jalpaiguri, Pin - 734318, E-mail : creatorsil@nic.in, Tele No : 03532590811
.	Army Recruiting Office Berhampore	Berhampore, District - 24 Parganas (North) (WB) - Pin - 742101, E-mail : bhr2005.70@nic.in, Tele No : 03482274016



A BRIGHT FUTURE FOR ASPIRING YOUNG WOMEN

MAKE A MOVE AND JOIN THE ARMED FORCES AS SHORT SERVICE COMMISSIONED OFFICERS IN THE MILITARY NURSING SERVICE (MNS) : 2016

Applications are invited from female candidates who have passed MSc (Nursing) /PB B Sc (Nursing)/B Sc(Nursing) for grant of Short Service Commission in the Military Nursing Service.

Nationality - Must be a citizen of India

Qualification & Registration: Should have passed MSc (Nursing) /PB B Sc (Nursing)/B Sc(Nursing) from INC recognized University and be a registered Nurse and Midwife from a State Nursing Council (The candidate will be required to bring original and self attested copies of marksheet, passing certificate and valid State Registration certificate at the time of interview).

Date of Birth -Between **02 Aug 1981 and 03 Aug 1995** (Both days inclusive).

Physical Fitness: Medical fitness will be assessed as per Military Standards by Military Authorities. X-Ray examination of Chest and USG (of abdomen) will be done. The physical fitness of selected candidates will finally be determined by a Medical Board under arrangement made by the office of DGAFMS. Candidates pregnant at the time of medical examination and joining for commission will be rejected being temporarily medically unfit.

Method of Selection:

(a) **Written test** : Only eligible candidates will be called for a written test to be conducted **during the first/Second week of Sep 2016**. The written test of 100 marks will consist of objective type questions based on Nursing, English language and Gen intelligence. There is no negative marking. The OMR based evaluation of the answer sheets will be done at IHQ of MoD(Army) and the result of successful shortlisted candidates will be declared online on the army website with the instructions for interview by fourth week of Sep 2016. **Confirmation of the result will be the individual responsibility of the candidates**. This Office will not be responsible for informing the result individually.

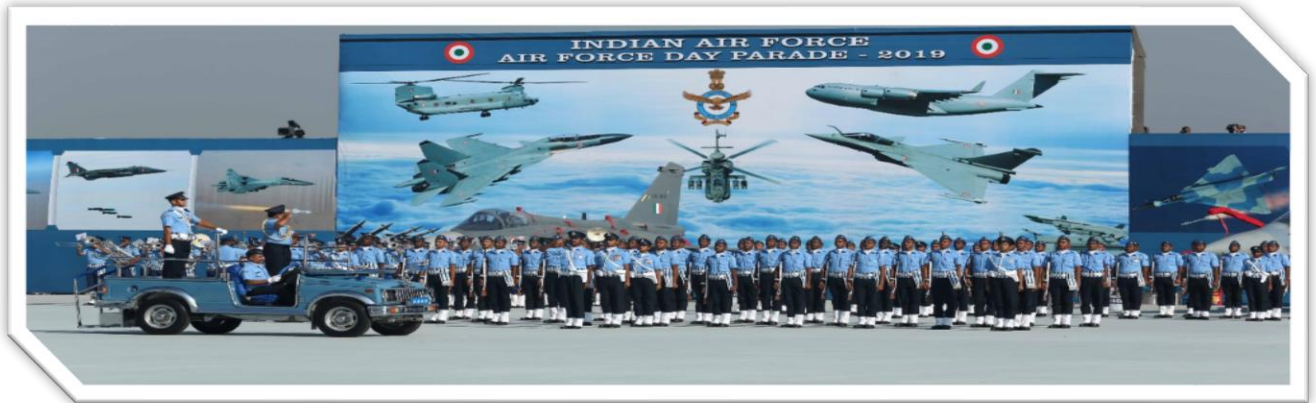
(b) **Interview and medical examination**: A required number (not more than three times of vacancies) of shortlisted candidates of the written test, in the order of merit will be called for interview during the month of **Oct 2016** at **Delhi**. Thereafter, only the candidates who have cleared the interview will be subjected to Medical Examination. The process of interview and medical examination may take **2-5** days. Arrangement for accommodation will be individual responsibility. Only the required number of shortlisted candidates (as per vacancy and merit) who are pronounced medically fit in all respect will be sent call letters to report to the various hospitals in Armed Forces. No correspondence/queries will be entertained. The decision of the Board for written test and interview will be final. Candidates declared

Marital status:Single/Married/Divorcee or otherwise legally separated /Widow.

Employability:Candidates selected for grant of SSC in the MNS will be liable to serve for five years **extendable to a total tenure** of fourteen (5+5+4) years, anywhere in India in the same way as Military Nursing Service (Regular) Officers of the Armed Forces (Army, Navy and Air Force). No request will be entertained on choice of posting through any means in the first five years of service.

Emoluments:**On completion of the pre-commissioning formalities**, the candidates will be granted the rank of Lieutenant with the monthly **Basic Pay of Rs 15,600 + Grade Pay Rs 5,400/- + Military Service Pay- Rs 4,200/- + DA and other Allowance as per prevailing rates**.Entitled ration, accommodation and allied facilities will also be offered.





AIR FORCE

Entry Level Salary : Approx. 51,000 INR*

The Indian Air Force is the air arm of the Indian armed forces. It was officially established on 8 October 1932. The President of India holds the rank of Supreme Commander of the IAF. As of 1 July 2017, 139,576 personnel are in service with the Indian Air Force. The Chief of Air Staff, an air chief marshal, is a four-star officer and is responsible for the bulk of operational command of the Air Force.

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Eligibility criteria

Final Year/semester students are also eligible to apply, provided they produce Degree certificate issued by the University as per the date stipulated in the advertisement

- Age - 20 to 24 years
- Nationality- Indian
- Marital Status - Single
- Gender - Men only
- Qualifications : Graduate (Three Year Course) in any discipline from a recognized University (with Physics and Mathematics at 10+2 level)/BE/B Tech (Four Year Course).



EDUCATION QUALIFICATION

GROUP 'X' Trades (Except Education Instructor)

Note: The upper age limit on date of enrolment is 21 years.

Age : 17- 21 Years

Education Qualification : Passed Intermediate / 10+2 / equivalent examination with **Mathematics, Physics** and **English** with minimum 50% marks in aggregate and **50% marks in English.**

OR

Passed **3 years Diploma Course in Engineering in any stream**, as shown below, from a Government recognized Polytechnic Institute with **50% marks** in aggregate, and **50% marks in English in Diploma** or in **Intermediate/Matriculation, if English is not a subject in Diploma Course.**

Mechanical Stream

Mechanical Engineering
Mechanical Engineering (Design & Drafting)
Mechanical Engineering (Foundry Technology)
Mechanical Engineering (Machine Tool Maintenance and repairs)
Mechanical Engineering (Refrigeration & Air Conditioning)
Mechanical Engineering (Tool & Die)
Mechanical Engineering (Production)
Mechanical Engineering (Fabrication Tech)
Mechanical Engineering (CAD/CAM Design & Robotics)
Mechanical (Advance Manufacturing Technology)
Manufacturing Engineering/Technology
Production Engineering
Automobile Engineering
Advanced Diploma in Refrigeration & Air-conditioning
Mechatronics

Electrical/Electronics/IT Stream

Electronics
Applied Electronics
Electronics & Communication Engineering
Electronics (Microprocessor)
Electronics and Avionics
Electronics (Fibre Optics)
Electronics (Robotics)
Electronics and Instrumentation Engineering
Electronics & Telecommunication Engineering
Industrial Electronics
Electrical Engineering
Electrical & Electronics Engineering
Instrumentation Engineering / Technology
Instrumentation and Control Engineering
Telecommunication Engineering/Technology
Information Technology
Computer Engineering
Computer Science & Engineering
Computer Science & Technology



PHYSICAL/MEDICAL STANDARDS

To get selected as an Airman, the candidate must be physically and mentally FIT to perform duties in any part of the world, climate and terrain. Physical/Medical Standards to become an Airman are as follows:-

Note:

a)

Minimum height acceptable for recruitment will be 152.5 cms. For the following trades the minimum required height (determined at training centres) would be as indicated:-

Visual Standards and Height	As per the table given below.
Weight	Weight should be proportionate to height and age.
Chest	Minimum range of expansion : 5 cm
Hearing	Should have normal hearing i.e. able to hear forced whisper from a distance of 6 meters by each ear separately.
Dental	Should have healthy gums, good set of teeth and minimum 14 dental points.
Health	Candidates should be of normal anatomy without loss of any appendages. He should be free from all communicable diseases & skin ailments. Candidate must be physically and mentally FIT to perform duty in any part of the world, in any climate and terrain.
Body Tattoo	Permanent body tattoos are not permitted, however tattoos only on inner face of the fore arms(inside of elbow to the wrist), back(dorsal) part of the hand/reverse side of the palm and Tribals with tattoos which are as per custom Traditions of their tribes may be considered. However, right to decide on acceptability /unacceptability of the individual rests with the Selection Centre. Candidates with permanent body tattoos are to submit two photographs(close up and distinct view) with details of size and type of the Tattoo.

Sl No.	Trade	Candidates from	
		NE & Hill States	Other States
(a)	Auto Tech	162.5cm	165cm
(b)	GTI and PJI	162.5cm	167cm
(c)	IAF(P)	175cm	175cm
(d)	Musician	162cm	162cm





INDIAN NAVY

Entry Level Salary : Approx. 47,000 INR*

The Indian Navy is the naval branch of the Indian Armed Forces. The President of India is the Supreme Commander of the Indian Navy. The Chief of Naval Staff commands the navy. The primary objective of the navy is to safeguard the nation's maritime borders, and in conjunction with other Armed Forces of the union, act to deter or defeat any threats or aggression against the territory, people or maritime interests of India, both in war and peace. Through joint exercises, goodwill visits and humanitarian missions, including disaster relief, Indian Navy promotes bilateral relations between nations.

As of 1 July 2017, 67,228 personnel are in service with the Indian Navy. Indian Navy has its operational and training bases in Gujarat, Karnataka, Goa, Maharashtra, Lakshadweep, Kerala, Odisha, Tamil Nadu, Andhra Pradesh, West Bengal, and Andaman and Nicobar Islands.



ABOUT THIS JOB

As a Sailor, you will become part of a highly technical Organization. You will be required to serve in powerful, modern ships such as Aircraft Carriers, Guided Missile Destroyers and Frigates, Replenishment Ships and highly technical and fascinating submarines and aircraft

WORK ENVIRONMENT

The work is divided amongst different teams that do different kinds of jobs. It could be operations of various equipment such as radars, sonars or communications or firing of weapons such as missiles, guns or rockets.

TRAINING & ADVANCEMENT

Candidates selected will undergo 22 weeks Basic Training at INS Chilka followed by Professional training in the allotted trade in various Naval Training Establishments. Branch/ Trade will be allocated as per the requirement of Service.

EDUCATION OPPORTUNITIES

You may undergo various professional courses as per service requirement and certificates of equivalent qualifications from various Universities are being awarded on successful completion of courses. You will get "Graduation Equivalent Certificate" on retirement after completion of 15 years of service.

QUALIFICATION & REQUIREMENT

Qualified in 10+2 examination with Maths & Physics and atleast one of these subjects; Chemistry/Biology/Computer science from an educational board recognized by Central/State Government.

The age for SSR candidate should be between 17-20 years on the day of enrolment.

ABOUT THIS JOB

Chef (MR)

You will be required to prepare food as per menu(vegetarian and non-vegetarian including handling of meat products), and accounting of ration. In addition, you will also be trained in fire arms and will be allotted other duties for efficient running of organisation.

Steward (MR)

You would be required to serve food in the officers messes, as waiters, housekeeping, accounting of funds, wine and stores, preparation of menu etc. In addition, you will also be trained in fire arms and will be allotted other duties for efficient running of organisation.

Sanitary Hygienist (MR)

They will be required to maintain hygiene in wash-rooms and other areas. In addition, you will also be trained in fire arms and will be allotted other duties for efficient running of organisation

WORK ENVIRONMENT

Work Environment of these branch beside their professional work, they have been trained for onboard ship about lookout duties as well as Small Arms handling and trained for ship's landing and boarding parties also. They are involved in all the activities which are conducted by a ship.

TRAINING & ADVANCEMENT

Candidates selected will undergo 14 weeks Basic Training at INS Chilka followed by Professional training in the allotted trade in various Naval Training Establishments. Branch/ Trade will be allocated as per the requirement of Service.

EDUCATION OPPORTUNITIES

You may undergo various professional courses as per service requirement and certificates of equivalent qualifications from various Universities are being awarded on successful completion of courses. You will get "Graduation Equivalent Certificate" on retirement after completion of 15 years of service.



The age for Artificer Apprentice candidate should be between 17-20 years on the day of enrolment. Women were inducted only in the Armed Forces Medical Service till the year 1992. From July 1992, the Navy started inducting women as Short Service Commissioned Officers in select branches of the Navy. Presently the women are inducted into the following branches/cadres/specialisations of the Navy as Officers:-

ATC

Observer

Law

Logistics

Education

Naval Architecture

Pilot (Maritime Reconnaissance Stream only)

Naval Armament Inspectorate

The government has also given approval for Permanent Commission (PC) in Education Branch, Law and Naval Architecture on completion of SSC tenure depending on merit and vacancy.

Sr. No.	Entry	Age(in yrs)	Educational Qualification
01	Naval Architecture	19 ½ to 25	The candidates must possess at least 60% marks in BE/B. Tech Degree in any one of the following stream:- <ul style="list-style-type: none"> • Mechanical • Civil • Aeronautical • Metallurgy • Naval Architecture
02	Observer	19-24	BE/B.Tech degree in any discipline with Physics & Maths in 12 th standard
06	ATC	19 ½ -25	BE/B.Tech degree in any discipline with Physics & Maths in 12 th standard.
07	Pilot General	19-24	BE/B.Tech degree in any discipline with Physics & Maths in 12 th standard.
	CPL Holders	19-25	A candidate holding valid and current CPL issued by DGCA (India)
08	NAI	19 ½ to 25	BE/B Tech in one of the following stream:- <ul style="list-style-type: none"> • Electrical • Electronics • Mechanical • Production • Instrumentation • IT • Chemical • Metallurgy • Aerospace Engineering

Eligibility Criteria

Type of Entry	Commission	Indian Navy Age Limit	Indian Navy Eligibility Criteria
For Male			
National Defence Academy (NDA)	Permanent Commission (PC)- Through UPSC	16.5 years to 19 years	10+2 or equivalent with Physics & Maths
(10+2)		16.5-19	
Graduate Special Entry Scheme- (GSES)		19-22	B.Sc (Physics & Maths) / B.E.(Any Discipline)
NCC Special Entry	Permanent Commission	19-24	B.Sc (Physics & Maths) or BE with Naval Wing Senior Div NCC 'C' Certificate
Direct Entry Naval Armament Inspection Cadre- PC (NAIC)		19.5-25	M.Sc. Physics / M.Sc. Electronics/ B.Tech Mechanical or its equivalent
Direct Entry Law Cadre - PC (Law)		22-27	Degree in Law with minimum 55% marks
Permanent Commission (PC) Logistics Cadre		19.5-25	B Com/ BA (Economics)/ MBA/ BBA/ BBM/ MCA/ BCA/ BSC(IT)/ BTech/ BE Degree or its equivalent
SSC Executive General Service	Short Service Commission	19.5-25	Graduate/ Post Graduate in relevant discipline
Short Service Commission Hydrography-(SSC Hydro)		19.5-25	B.Sc/ M.Sc/ B.E. B.Tech (Any Discipline); B.Sc Maths or its equivalent
For Male and Female			
Short Service Commission ATC-(SSC -ATC)	Short Service Commission	19.5-25	Graduate or MSc with Physics/ Maths/ Electronics with min 55% marks.
SSC Law Cadre		22-27	Degree in Law qualifying with min 55% marks
SSC Logistics Cadre		19.5-25	B.A/ M.A / B.Com/ M.Com/ MBA/BBA/ BBM/ MCA/ BCA/ B.Sc/ M.Sc/ B.Tech or its equivalent
For Male			
SSC Pilot	Short Service Commission	19-23	Graduate with minimum 60% marks with Maths & Physics at 10+2 level.
For Male & Female			
SSC Observer	Short Service Commission	19-23	Graduate with minimum 55 % marks with Maths & Physics at 10+2 level.
For Male			
SSC Naval Armament Inspection cadre	Short Service Commission	19.5-25	M.Sc Electronics/ Physics; B.E/ B.Tech Mechanical/ Electrical/ Electronics

THE SEVEN CENTRAL ARMED POLICE FORCES



AR



BSF



CISF



CRPF



ITBP



NSG



SSB

Central Reserved Police Force (CRPF)

The Central Reserve Police Force (CRPF) is the largest of India's Central Armed Police Forces. The CRPF's primary role lies in assisting the State/Union Territories in police operations to maintain law and order and counter insurgency. With 239 battalions and various other establishments, the CRPF is considered India's largest paramilitary force and has a sanctioned strength of 313,678 personnel.

Eligibility criteria

Category	Gender	Educational Qualification	Age
Assistant Commandant	Men	Graduation	19-25yrs
Assistant Commandant	Women	Graduation	19-25yrs
Sub Inspector	Men	Graduation Possession of an NCC (National Cadet Corps) 'B' or 'C' certificate or an outstanding sports certificate is considered desirable qualification.	20-25yrs

Sub Inspector	Women	Graduation Possession of an NCC (National Cadet Corps) 'B' or 'C' certificate or an outstanding sports certificate is considered desirable qualification.	20-25yrs
Assistant Sub Inspector (ASI)	Men	+2 type, Short hand	18-25yrs
Assistant Sub Inspector (ASI)	Women	+2 type, Short hand	18-25yrs
Constable	Men	SSLC/ Matriculation	18-23yrs
Constable	Women	SSLC/ Matriculation	18-23yrs
Head Constable (HC) General		Plus Two	18-25yrs
Head Constable (HC) Technical		SSLC/ITI or +2 with Phy.,Chem., and maths	18-25yrs

Border Security Force

Eligibility criteria

Category	Age	Educational Qualification
Constable	18 to 23 years	Matriculation or 10th class pass
Sub-Inspector	20 to 25 years	Degree of a recognized University or equivalent
Assistant Commandant	19 to 25 yrs	Degree from a recognized University/Institution or equivalent, possession of NCC B or C certificate, or outstanding achievements in sports or athletics will be an added qualification.
Head Constable (Operator)	18 to 23 years	Matric or equivalent plus two years ITI certificate in Radio and TV/ Electronics or Intermediate or 10+2 or equivalent with Physics, Chemistry and Mathematics from a recognized Board of Education.
Assistant Sub Inspector	18 to 25 years	

Indo Tibetan Border Police

Eligibility criteria

Category	Age	Educational Qualification
Constable	18 to 23 years	Matriculation
Sub-Inspector	20 to 25 years	Graduate
Assistant Commandant	19 to 25 yrs	Graduate

Central Industrial Security Force

Eligibility criteria

Category	Age	Educational Qualification
Constable	18 to 23 years	10th standard pass
Head Constable	18 to 35 years	Intermediate or senior secondary examination or its equivalent for any recognized board
ASI	18 – 25 yrs	Graduation from any recognized university
SI	18 to 25 years	Graduation from any recognized university

Sashastra Seema Bal

Sashastra Seema Bal or SSB, or the Armed Border Force is one of India's Central Armed Police Forces. It is currently under the administrative control of the Ministry of Home Affairs, Government of India. The aim of SSB is to safeguard the security of the assigned borders of India and promote a sense of security among the people living within the border areas, to prevent trans-border crimes, smuggling and any other illegal activities and to prevent unauthorized entry into or exit from the territory of India. Prior to 2001, the force was known as the Special Service Bureau (SSB). As of 2017, it has 76,337 active personnel in 67 battalions.




**Pre Recruitment
Training Institute**



Centre

Choukas Training Centre
Metya Para, Chingani Block :Onda
Bankura Ph : 8556027673
Email : ceo.motive@gmail.com

Help line : 7003853298 , 9679735007 motive www.motive.co.in